



"The goal of Yoga is an easeful body; peaceful mind and useful Me." - He Hohala St Swam Sachidenenda, Founder

IYTA Membership Benefit: Service Programs at Yogaville

Eligibility: All IYTA members within the first three years of completing the Basic TT *and* all other members who have carried continuous active membership in the IYTA since their original Teacher Training program who meet the requirements of the program in which they wish to serve.

Those who have not been in residence at Yogaville or other IY Institutes for at least one continuous month may be required to participate in the LYT program for one month prior serving as Support Staff or in the Internship programs. Of course, those who have taken a one month residential basic TT here at Yogaville do qualify for staff and internship programs.

Whether enrolled in the Living Yoga Trainee (LYT) program, General Support Staff (GSS) program, Yogaville Farm or Kitchen Internship for one to three months, current IYTA members are eligible to serve a reduced number of shifts below the number required from the general public.

- In exchange for "full time" service (Eight 3.5 hour shifts plus two 1.5 hour clean-up slots per week), eligible members may participate for no additional fee. This is instead of the 10+2 shifts required of the general public.
- In exchange for "3/4 time" service (Six 3.5 hour shifts plus two 1.5 hour clean-up slots per week), eligible members may participate for \$300 per month. This is instead of the 8+2 shifts required of the general public.

These benefits are available for *three months* out of each calendar year. After which time, the general public guidelines apply.

To enroll in the Support Staff or YOGI program, contact Karuna Marcotte at 434.969.3121 ext 176. Interested parties must submit a completed application. Or for more information, please visit our website at http://www.yogaville.org/programs/residential/.

To enroll in the LYT program, contact Swami Priyaananda at 434.969.3121 ext 117. Applicants must complete a LYT application (including references) and be in good health. Those who have not visited Yogaville must participate in a welcome weekend at their own expense before being accepted into the LYT program. For more information, please visit our website at <u>http://www.yogaville.org/programs/living-yoga-training/</u>.

The dedicated enjoy supreme peace. Therefore, live only to serve.