

# INTEGRAL CODE OF ETHICS

As an Integral Yoga instructor, I will strive to live in accordance with the principles of Yoga. To the best of my ability, I will adhere to the precepts of yama and niyama, which include non-violence, truthfulness, and purity. As I am dedicated to the well-being of my students, I will conduct myself with integrity in all my interactions with them. I will present my qualifications honestly and share the teachings with humility and respect. I will do my best to keep up my Yoga practice both for my personal growth and to be a good example for my students. I realize that it is a privilege to serve in this way, and I am grateful for the opportunity to do so.